



## NEWSLETTER OF CASTLECRAG PROGRESS ASSOCIATION INC.

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# INGERS OF GREEN AND BLUE - THE NATURE OF CASTLECRAG

Lorraine Cairnes \*

Extract from address to the Castlecrag Progress Association's Annual General Meeting, March 2000

My address today is about Castlecrag's contribution to the nature of the five blue bays of Upper Middle Harbour, and their green foreshores – they have been called "Fingers of Green and Blue".

It is now just 80 years since Walter Burley Griffin selected 259 hectares of land at Castlecrag in 1919. In 1920 he and group of associates formed the Greater Sydney evelopment Association to raise money for the land purchase. In 1921, the Community Plan for Castlecrag was drawn up, and the first houses designed and constructed here. Griffin wrote that Middle Harbour: "possesses in fullest measure the qualities that have made Sydney one of the most admired ports in the world – intimate charm of landlocked water, rocky headlands, and wooded coves".

Today, many of the qualities which so attracted Griffin remain. Perhaps the most remarkable feature of Upper Middle Harbour is that it is so close to the city's centre, yet is still an area of tranquil waterways in a bushland setting.

At a recent conference which reviewed the nature of Sydney Harbour, Upper Middle Harbour was described as an area which possesses

"... the largest extent of continuous foreshore bushland in Sydney Harbour which remains in a relatively undeveloped state. The area has outstanding scenic qualities, and geodiversity and biodiversity values which are represented by relatively intact terrestrial and aquatic ecosystems, omplemented by indigenous and historic cultural values."

The conference identified the key management issues as the need to manage Upper Middle Harbour as a catchment, vulnerability to urban encroachment, the lack of planning "teeth", and the need for better monitoring and enforcement of existing controls.

The regional planning discussion paper recently released by the Department of Urban Affairs and Planning titled Sydney Harbour and its tributaries – towards a vision and a strategic program, identifies four strategic focuses for future management. One of these is the Natural Harbour. The document states:

"The green and clear blue natural character of Sydney Harbour sets it apart from other urban harbours around the world. This character is predominantly related to the amount of vegetation existing on the foreshore and extending back to the ridgelines. Complementing this are the natural tributaries, the harbour water and the marine environment.

To preserve and enhance the natural character of the Harbour, it is necessary to consider and manage the Harbour catchment as a natural ecosystem."

Loss and neglect of native vegetation are identified as manifestations of the Harbour's environmental problems. The discussion paper states that "... rehabilitation of tributaries is important. The tributaries are diverse in their nature with many retaining their natural creek lines and native vegetation, for example Middle Harbour and Lane Cove".

Of Australia's other capital cities and major regional centres, few have natural assets of the quality and beauty of Upper Middle Harbour remaining so close to their town centres. The asset which Sydney has inherited is remarkable: the drama of the cliffs of North, South and Middle Heads, and Dobroyd Point, as one enters Sydney Harbour is followed by the serene natural waterway setting of Upper Middle Harbour.

Small wonder that this area is the key destination for daily tourist ferries and charter boats, and the thousands of other people who visit and use it every month of the year.

To keep these qualities, three key factors need our sustained attention. They are:

- working with nature to protect and restore ecosystem processes and biodiversity
- 2. protecting the quality of the natural landscape, and
- maintaining adequate public access for our community and for visitors who come by land or water.

Access to the scenic areas of Upper Middle Harbour is important to let people appreciate and enjoy these special places.

Griffin's community plan provided walking access along little pathways past the houses and into the bush. This ethos of design with nature in the bushy ridges and forest gullies remains relevant today.

We daily see many groups of visitors, walking these pathways with their guidebooks, in search of the legendary Castlecrag magic, seeking to experience the buildings and natural landscape which inspired Walter Burley Griffin. Is there still some of the magic to be found, or have we somehow allowed it to be lost?

.. >>> continued on next page

\*Lorraine Cairnes has been a resident of Castlecrag since 1982. She is an environmental consultant and author of *The Australian Natural Heritage Charter*, Australia's voluntary standard for natural heritage conservation.

We welcome and encourage these visitors, and should give some thought to the qualities they have come to see. There are still many of the Griffin buildings, or remnants of them, but there are fewer and fewer places where they can view the vistas and appreciate the natural setting

The Australian community has a record of rapid and vociferous response to environmental incidents if they are dramatic and widely reported. But the slow accumulation of impacts of small individual actions and decisions is less apparent, and "just one more exception won't matter" seems to be an argument which can sway many a local Council to vary its planning controls. The cumulative effect of incremental changes is usually measured only by reference to a patchy record of the past, or the memories of what it was like 5, 10 or 20 years ago. It is easy to accept the degradation of our environment with regret, but passively.

We should not wait for loss of the wildlife, serious breakdown of ecosystem processes, or complete loss of the tranquility of Upper Middle Harbour before (alas, too late) we decide that we really should have done something sooner.

As individuals, thinking ecologically is not hard; working with, and not against nature is often just commonsense. As a community, we should make sure that the whole hierarchy of planning laws and regulations has clear objectives which state that we value these natural qualities and intend to conserve them.

Richard Glover in his Sydney Moming Herald column recently wrote that it had never been so easy to be regarded as a dangerous radical by stating the bleeding obvious. It is obvious to me that the cumulative effects of many individual actions around Castlecrag are taking their toll, and the value of what we may lose is very great. We still have opportunities to reverse the trend but time is running out for many of the natural assets of Castlecrag.

We may ask - what will we leave behind? Fingers of Blue and Green - or a sprawl of brown and grey?

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ENJOY CASTLECRAG!

Lorraine Cairnes

Why not go out and enjoy the nature of this wonderful place? There are many simple pleasures which we in Castlecrag might regard as commonplace, but people from other communities will find extraordinary. Here is a short list of things almost anyone can do to enjoy Castlecrag's "Fingers of Blue and Green" — the waterways and green bushland of Upper Middle Harbour.

- Take your lunch or dinner in a basket and enjoy it at the Sugarloaf Lookout at Harold Reid Reserve. At full moon it is stunning!
- 2. Visit the edge of the bush on a quiet night and be amazed by the sounds the "oom oom" of a tawny frogmouth, the slow "woo-hoo" of a powerful owl, the "mo-poke" of a boobook owl, the chirrup of crickets, the chattering of the ringtailed possums.
- 3. Wake up at dawn and be entertained by the dawn chorus first the kookaburras (an hour before sunrise) then so many others.
- 4. Take a pair of binoculars at low tide and watch birds on the sandflats at the end of the bays (don't disturb chase them; low tide is their only feeding time).
- Join the family groups fishing most evenings on the old stone steps on Sugarloaf Bay towards Pickering Point.
- 6. Go along on one of Harold Spies' famous fungus walks.
- Borrow or hire a kayak or rowing boat and at high tide quietly venture up into the magical mangrove forests at the end of Sugarloaf Creek or Castle Cove.
- 8. Pack a water bottle and a sandwich and treat yourself to a bushwalk along the Northern Escarpment or in Harold Reid Reserve.
- 9. Explore the Walter Burley Griffin walkways.
- 10. Take your sketch pad and pencil and do some "life drawings" of Angophora trees.
- Wave a friendly welcome to our many visitors whenever you see them – on ferry cruises, or on guided tour walks. They are always delighted to return your greeting.

Such simple pleasures at our doorstep set this place aside from others. Tread lightly, and we find that the magic perceived by the Griffins and known before that by countless generations of the original human inhabitants, is still there.

#### Willoughby City Council Heritage Awards 2000

The Progress Association congratulates the owners of Griffin's "Fishwick House" in Castlecrag, winners of the Restoration Award in Heritage Week for their magnificent work over many years restoring the house and its surroundings

Castlecrag Progress Association Meeting
Tuesday, 2 May 2000 at the Community
Centre at 8pm. All welcome!

## Progress Association News

#### AGM 26 March

A pleasing number of members assembled to hear guest speaker Lorraine Cairnes. Unfortunately illness prevented Lorraine attending but Peter Moffit did a sterling job standing in at short notice and delivering Lorraine's most interesting address.

The CPA Committee for the coming year is:

President: Bob McKillop

Vice-Presidents: David Harrop, Howard Rubie

Secretary: Elizabeth Lander Treasurer: Diana Jones

Committee: Andrew Kirk, Peter Moffit, Gay Spies,

John Steel and Kate Westoby

#### President's Report

The President Bob McKillop noted that the past year has been one of consolidation rather than rapid "progress". While the Castlecrag Area Draft Traffic Study was exhibited in April-May last year and was scheduled to go to Council in March 2000, this has not yet occurred. Similarly, efforts to get an ATM at The Quadrangle have encountered a complex web of red tape. Nevertheless, the Progress Association was active in pporting the shopping centre in our suburb. We met with the ouncil-appointed consultants undertaking a study of strip shopping precincts within Willoughby City and discussed ideas for revitalising our local shopping centre. The changes in the shopping centre during the past year have mostly been positive and Castlecrag is gaining a reputation as a wining and dining centre on the Lower North Shore. The Food and Wine Fair last October was a great success and this allowed the various community groups in the suburb to man an information

The success of the October Fair gave impetus to our efforts to hold a Castlecrag Community Fair. With Andrew Kirk and Kate Westoby leading this project, things are now well advanced for a big day on 4 June, with the participation of the local business community and 14 community groups.

The strategic parcels of Castlecrag land in the Abandoned Warringah Freeway Corridor have emerged as the most significant development issue of the past year. A team of consultants has been engaged by government to prepare a planning strategy for the use of the surplus lands. The Progress Association is represented on the Reference Group, which provides community input into the planning process for

future use of this land. We held a successful public seting at Harold Reid Reserve on 22 January to provide information about the land and the planning strategy. The Progress Association is working with other community groups in the area to organise a delegation to the Minister through our local member, Peter Collins, to argue the case for keeping these key parcels of land as public open space.

Bob McKillop

#### The ATM for Castlecrag Shopping Centre

It is some time since the Commonwealth Bank at Castlecrag closed its doors, depriving residents of the banking facility that was an important part of Castlecrag's commercial centre. Since then I have endeavored on behalf of your Progress Association and the majority of the shopkeepers to have an ATM installed at the centre as a basic banking facility for the commercial and residential community of Castlecrag. >>>

The Commonwealth Bank had refused to leave their ATM in the centre. Together with a committee of shopkeepers, a financial plan was put together to assess the commercial viability of an ATM, and this was submitted to a number of banks and building societies. St George Bank agreed to install a facility, and a site was chosen (between the then video shop and beautician on Edinburgh Road).

What followed was an extremely long wait (about six months) for a then-downsizing Telstra to install the communication lines and modem to the site. Things seemed to be progressing. I went overseas for a few months and on my return, looked eagerly to see the installed ATM. It wasn't there!! Council had objected to the position as it was too close to the corner, and people might park illegally while using it. It was a close call, the ATM nearly made it!!

A return to the drawing board, politely ... By this time of course the daily customer request for an ATM was being reported by almost all the shopkeepers. After another process of consultation between the interested parties and Ron Farrow, the centre manager, a new site was found. All this was before Christmas 99. Then after millennium craziness, we get the impression that because of the delays St George are going cold on the whole idea!!

Now Jewel closes!! The clamour for an ATM is intense, as we've all learnt how to use one. Representing the Progress Association during a crucial phone call, I urge St George 'to hang in there'.

Now all is not lost, the position as of week ending 16 April 2000 is; after a suggestion by our chemist Mary Bognor and follow up by Ron Farrow, there is now a second proposal for an ATM.

I now feel the ATM will come, whether it will be soon and be dressed in red pyjamas I cannot say. But I'm sure we'll all be there to meet it when it comes!

Howard Rubie

## The Bigger Picture: Willoughby City

The Federation of Willoughby Progress Associations tackles issues that cut across the boundaries of individual Progress Associations. These include the future development of Chatswood CBD, transport and traffic issues, and Council planning controls. Castlecrag is one of eight members of the Federation, each of which has three delegates to the monthly meetings.

Peter Collins, Member for Willoughby, was Guest Speaker at the April meeting. Peter has been closely involved in issues of concern to Willoughby residents and had some interesting comments on current issues.

Regarding the Abandoned Warringah Freeway Corridor land, he argued that Willoughby City has a good case for maintaining the environmentally sensitive blocks as public open space. Mr Collins noted that Willoughby had done the right thing in terms of medium-density housing compared with other North Shore councils and, as a result, it now has the third fastest rate of population increase in the State. He felt that the Castlecrag escarpment has a stronger case for retaining open space than the other land in the current study, due to the high environmental value of the foreshores. However, it was important that any representation to the Minister on this matter should link the three major parcels of land together in the one delegation to avoid trading off the interests of one group against another. Peter offered to introduce a delegation of community representatives to the Minister for Planning, commenting that a key issue is the need for a long-term Government investment in public open space.

Bob McKillop

# Don't be bamboo-zled!!

amboo (Bambusia is the most common genus) is an ancient resident of the earth, among the most primitive of grasses, here before people by some 100 to 200 million years. Bamboo is also the first born, the Adam of the Atomic Age, through its survival of Hiroshima closer to ground zero than any other living thing. Its rootlike *rhizome* and *culm* (as the stalk is called) compose perhaps the hardiest natural structure to evolve in millions of years of restless experiment in cellular life on earth.

Bamboo grows more rapidly than any other plant on the planet. Astonishing vitality, great versatility, lightweight strength, ease in working with simple tools, striking beauty in both its natural and finished state — these qualities have given bamboo a longer and more varied role in human cultural evolution than any other plant. It has been widely used for shelter, food, paper and countless agents of daily life like chopsticks, mats and baskets. I have seen it used by the hill tribes of Thailand for woven walls, floors and roofs of houses; as cut stem segments for carrying water; as lashed poles for building scaffolding or for collecting bird nests high up on the cliffs — a truly remarkable plant. As in Thailand, bamboo is used extensively in other countries of South-east Asia. In India it is known as 'the wood of the poor'.

Bamboo is cosmopolitan in habitat, a plant with a thousand faces. It tolerates extremes of drought and drowning. It thrives in some twelve to fifteen hundred species. Three species of *Bambusia* are native to northern Australia.

Although there are species that flower annually, bamboo normally reproduces asexually, without flowers and without seed. New shoots sprout from rhizomes, the underground growth that is squat and creeping in clumping *sympodial* tropical species but in temperate *monopodial* species, freestanding bamboo resembles a subterranean spaghetti of long tangled runners. Running (invasive) bamboos are illustrated in Fig 1 (adapted from *Bamboo Rediscovered* by Victor Cusack).

Some of the characteristics of running bamboo listed by Cusack are:

- It can be expensive and difficult to eradicate once it's established:
- Runners are naturally dominant 'monoculture' forest plants; they will invade sclerophyll or open eucalyptus forest;
- It must be contained or controlled.

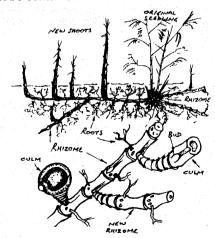


Fig. 1: Rhizome structure of running bamboo

#### Bamboo in Castlecrag

Invasive bamboo is present in various sites on the Northern Escarpment, in The Bulwark, below The Scarp, at the end of Rockley Street, in some of the Griffin reserves, on the eastern side of the Castlecrag peninsula, and was present below Sunnyside Crescent on the southern slope above Sugarloaf Creek. Willoughby Council harvests some of this bamboo to feed the pandas at Taronga Zoo.

#### Eradication

The running bamboo on the site below Sunnyside Crescent occupied a quarter-acre block (1987). A single plant had been planted by an adjacent resident many years before; it had spread to become an almost impregnable bamboo forest. WEPA's Bush Regeneration Team faced its eradication in 1987. All stalks (culms) were cut at their bases, most were removed from the site, and some were mulched. The cut stems were immediately painted with Roundup. Quite often a second treatment was required as regrowth occurred after weeks/months. Apparently dead or superficial rhizomes were mattocked out and piled for future burning. However, many rhizomes, up to 30cm underground, were still shooting. It was then decided to dig them out using mattock and crowly Complete eradication was finally achieved. The piles we burned in the hope that any native plant seed stored in the soil would germinate. This didn't occur but numerous Albizzia plants did. Natural regeneration was slow, and ten yeas later it is now covered with native ground covers and ferns with the occasional Kunzea, Blueberry Ash and Casuarina. Regenerating Angophoras were sadly vandalised.

Cusack says "all rhizomes have to be dug or bulldozed out". Though he mentions use of Roundup, he didn't use it. According to the Australian Weed Control Handbook, the American company Monsanto which manufactures Roundup, recommends: "apply to actively growing foliage and/or regrowth which is between 1m-2m tall, or use 1:6 (Roundup:water) on stems cut back to 20cm high, pour mixture down hollow stems or wet the cut."

#### Warning

The Australian Weed Control Handbook states that "all herbicides are potentially biologically hazardous to plants and many can also be dangerous to humans, animals, birds, bees and other wildlife". Recent reports indicate that Roung including its surfuctant, are far more toxic to humans and other manuals than first claimed. There is greater danger to the operator from spraying foliage than from painting cut stems.

Arundo donax, giant reed, although not closely related to bamboo, is superficially similar. Locally it was present behind houses high up on the northern cliffs of Flat Rock Gully and in sections of Sugarloaf Creek, from where it has been dug out.

# Finally, don't be bamboozled by bamboo, dig it out! Harold Spies

#### References:

Farrelly, David *The Book of Bamboo* Thames & Hudson, London, 1996

Cusack, Victor Bamboo Rediscovered Earth Garden Books, Victoria 1997

Parsons, J M (ed) Australian Weed Control Handbook 10<sup>th</sup> ed, Inkata Press, Melbourne, 1987

Auld, B A & Meed, R W *Weeds* Inkata Press, Melbourne, 1987 WEPA Bush Regeneration Project Records,1985-2000

## Castlecrag Community Fair

First, an update on the Fair, then three requests for help.

Local community groups, retailers and service businesses are now gearing up for the inaugural Fair on Sunday 4<sup>th</sup> June. There will be lots to do for all ages: face painting, a jumping castle and puppets for the children and a great choice of fair stalls, food, wine and music for adults. Also, handouts on what our suburb offers are sure to be interesting, especially for newcomers.

Activities will centre on the two open-air carparks near the Griffin Centre at the top of The Postern and will begin about 11am. The Mayor of Willoughby, Clr Pat Reilly, will formally open the Fair at 11.30am.

Three undertakings need help:

- We are keen to showcase local arts and crafts talent, so will make space available if you would like to show and sell your works. Call Aviva Lowy on 9958 2845 if interested. Castlecrag residents only please.
- The CPA is running a Treasure Stall and would welcome donation of any 'pre-loved' items in reasonably good condition - anything from small items of furniture to trinkets. Please call Kate Westoby on 9958 0215 to arrange a pick-up.
- Stuart Kirk is trying to track down pupils of the three classes of the Castlecrag Infants School during 1980 for a twenty-year reunion at the Fair. If you know anyone who might be difficult to find, or would appreciate a call, please phone him on 9249 9854.

The Fair is on, rain, hail or shine (in the Community Centre if it's wet), so make a diary date now!!

Andrew Kirk

Regional Fox Control Program

Willoughby City Council is working with six other Councils and the National Parks and Wildlife Service to undertake a regional fox-baiting program within selected bushland reserves in the northern Sydney region. The program aims to ensure the long-term protection and recovery of native animals throughout northern Sydney by depleting fox numbers across the region. Throughout May and August, baiting sites will be located in Blue Gum Reserve, Northern Escarpment of Castlecrag, Explosives Reserve, Flat Rock Gully, Harold Reid Reserve, H D Robb Reserve, North Arm Reserve, and O H Reid Reserve. Dogs are prohibited from entering these bushland areas during the program. >>>

What you can do to help:

Keep your	pets	out	of	baiting	areas	during	May	and
August								

- □ Never feed foxes or leave food scraps and pet food
- □ Note all fox sightings and dens and inform Council
   □ Get involved in Wildlife Watch monitoring by contacting

 Get involved in Wildlife Watch monitoring by contacting Council.

For more information contact Council's Bushland Coordinator, Cameron Bennell on 9777 7756.

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## WEPA Meeting Wednesday 16 May 8pm

Artarmon Library, Elizabeth St Artarmon Guest speaker Jack Hannan, Conservation Manager, Department Fisheries 'Seagrasses and Biodiversity in Sydney and Middle Harbours' All welcome Information 9958 8569

The Crag is edited on behalf of the Castlecrag Progress Association (6/77 Edinburgh Road) by Kerry McKillop (9958 4516) and Elizabeth Lander. Contributions and letters received will be considered for publication where space permits. Deadline for the next issue is 31 May 2000.

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Next Progress Association Meeting at the Community Centre, corner Rampart and Postern Tuesday 2 May 8pm

note change from usual 4th Tuesday (Anzac Day)

## A Midsummer Night's Dream

I know a place where magic blows .... It was at the recent production of Shakespeare's *A Midsummer Night's Dream* at Castlecrag's Haven Amphitheatre which was enjoyed and praised by all who were fortunate enough to attend. The players, a group of young Ensemble Theatre and NIDA graduates had come together to form "bigeye productions" as a conduit in which to further their careers. The Haven Management Committee was delighted that they chose our Amphitheatre for their unforgettable performances.

Over 500 patrons attended the four night season and the muses of the night kept the ever-threatening weather at bay as we were treated to four perfect Sydney autumn evenings. It was the first use of the Amphitheatre's digital lighting console and the results were very pleasing. Magnesium flares and car headlights have been superseded!

The professional quality of "bigeye production's" robust performance had the audience enthralled. Shakespeare's rollicking, romantic comedy of love mis-matched was perfectly and enchantingly played from beginning to end.

At the end of the show it was interesting to hear a group of teenagers in an intense conversation on what they had just seen. Such modern compliments as 'cool', 'just so good it was gross' and 'now I understand it!'. They knew that Shakespeare, well performed, is and always will be a memorable joy.

Were Marion and Walter seeing this vision of loveliness and wonder with us? I'm sure they did and were happy that their bushland still holds its magic!

Howard Rubie

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Our Constitution stipulates that a member of the Association must be a natural person who is a resident of ratepayer of the atea (designated in rule 1.3) being over the age of 18 years and has been approved for membership of the Association by the Committee. Two months membership is obligatory for a member to be eligible to vote. The names of the people applying for membership should be supplied with the membership fee. A person who was a member in 1999 will automatically be eligible to vote in 2000 as soon as year 2000 membership is paid (as long as the qualifying period has elapsed). A 'family' cannot be a member because a 'family' is not a real person. If a company owns a property in Castlecrag, then the directors of the company do not qualify for membership of the Association if they live outside Castlecrag.